



***It* only takes a single mosquito bite to make you or your family member sick with West Nile virus - just one bite could make you or your loved one sick, cause severe illness, or even death. Don't risk your health this summer! Apply insect repellent on exposed skin and clothing when you go outdoors. Cover up! Wear long sleeve shirts and long pants and socks while outdoors to prevent mosquito bites. Avoid mosquitoes if possible. The mosquitoes that spread West Nile virus bite between dusk and dawn. Limit the amount of time you spend outdoors during these hours.**